

MINUTES

NORTH CAROLINA SUBSTANCE ABUSE PROFESSIONAL PRACTICE BOARD

FRIDAY, DECEMBER 12, 2008

Attendance: Flay Lee, Bert Bennett, Mark Crabtree, Dottie Saxon Greene, Tom Miller, Lynn Jones, Lynn Inman, Cheryl Gentile, Lidia Bly-Herman, Jessica Holton, Clyde Ebron, Joe Fortin, Michael Herring, Nora Noel, Helen Wolstenholme, Wrenn Rivenbark, Richard Henderson, Joseph Adedokun, Worth Bolton, Randy Thornton, David Turpin.

Board Staff: Ann Christian, Randolph Cloud, Barden Culbreth, Anna Misenheimer.

Flay Lee called the meeting to order. Flay asked the Board members to keep Danny Graves in their thoughts as he is still not feeling well.

President' Report

Motion: Approve the September 12, 2008 Board meeting minutes.

Motion made by Joseph Adedokun/Seconded by Tom Miller. Motion approved.

Flay Lee read a meditation to the Board members entitled "Lift Up".

Ann Christian read the Ethics Awareness and Conflict of Interest Statement. No one indicated any conflicts.

Flay began to circulate Board correspondence. This correspondence includes a draft of the Board's December newsletter and contains an article about NCAARF's recent Fall Conference. Both Anna and Worth were recognized with awards at this conference.

Flay stated that Danny Graves has attended several conferences since the last Board meeting. One of these conferences was the State of the Arts conference. The 2008 legislative changes were discussed at this conference. Flay reiterated the positive impact the Board's presence has at conferences throughout the state.

He discussed the clinical supervision training that was presented by Worth Bolton and Mark Crabtree yesterday. Anna said that there was an overwhelming amount of positive feedback received from participants.

Executive Director's Report

Anna stated that the training yesterday went so well! Danny and Mark did a phenomenal job and many counselors came up to her and told her how much they appreciated the training as well as the opportunity to see fellow CPM Evaluators again. Anna was asked

more than once when/if this type of training would occur again in the future. Also, certificates were distributed so folks could use these hours toward their renewals (6 CCS specific hours, 3 ethics hours).

At the September meeting, the office was asked to create a webpage listing the Deemed Status organizations along with a link to the credentialing requirements for each. This has been done! This information is available from the homepage as well as from the page that outlines the details of the LCAS credentialing standards. Also, Business and Operations requested a password protected webpage where Board meeting minutes and committee meeting minutes could be posted. This page has been produced. So far, only the 2008 full Board meeting minutes are posted. Once the Committees begin to implement the form created by Business Operations to record minutes, these will also be posted.

Also under unfinished business, Flay had suggested at the September Board meeting that a disaster task force be created in NC. Once Anna returned to Raleigh, she learned that such a committee already existed: the Disaster Response Network. She contacted Sally Cameron with the NC Psychological Association, who chairs these meetings and she invited Anna to attend their Nov. 17th meeting. She extended the invitation to Wrenn to represent APNC.

Currently, there are 400 trained professionals in the network. In order to apply to become a member, one must complete 6 hours of education (4 online and 2 “live” trainings) and be licensed as a LCAS. Good news is that these training credits are available at no cost and could be used for one’s renewal credit. Anna has spoken to Jim Edmundson who coordinates the Summer School and he was going to ask the Foundation if a mini-track could be offered in which LCAS’s can obtain these hours. The Disaster Response Network has opened their arms to the Board’s LCAS’s and amended their application to allow LCAS’s apply to be a part of the network. Information and an application to join the network will be posted and available on the Board’s website.

Anna then asked Lynn Inman to tell the Board about an award he would have personally accepted last night, if he had been present at the banquet. Lynn stated that the NC Council of Community Programs recognized his efforts in establishing smoke-free restaurants.

Deemed Status Reports

Dr. Joseph Adedokun (NAADAC) said he did not have much to report. A newsletter was recently sent to all NAADAC members that contained information about the President-Elect’s Health Care team.

Jessica Holden (NASW) attended the bimonthly meeting recently. Jack Register stated legislation might be introduced to amend their statute in this upcoming legislative session. Jessica volunteered and is now serving on NASW’s ATOD Committee.

Joe Fortin said NBCC is examining their MAC exam. Some changes should be forthcoming in the near future.

Nora Noel (APA) said that Sally Cameron did ask Nora to report on the Disaster Task Force. NCPA is in strong support of federal parity. Sally Cameron is working on a grid to look at how the federal law compares with the state law.

There was no report from the Commission on Rehabilitation Counselors as Cheryl Gentile was absent. There was no report from the Addictions Nursing Certification Board as Adrian McCoy was not present at the meeting.

Committee Reports

Executive Committee report

Flay stated that a teleconference call was held since the last Board meeting. A motion was made to continue with the International Certification at a reduced rate at a fee of \$24. Another recommendation coming from the committee is to establish a written test subcommittee. With the elimination of the CPM subcommittee, the Committee feels that this is appropriate. Business Operations has been tasked to staff this group. The written test subcommittee will discuss issues concerning test accommodations for disabled applicants, test compromise, etc.

Policies and Procedures have been submitted from every committee except for Standards Committee. These should all be ready for implementation at the start of 2009.

The Committee is still trying to find the best date to hold the 2009 Strategic Planning meeting.

Business and Operations Committee

Tom Miller stated that the Committee is going to explore the cost of setting up a paperless office and transferring records to an electronic format. Tom will work with the Committee and present his findings at the March Board meeting.

Tom also announced that NAADAC and APNC do offer a discounted membership rate to counselors that are registered or credentialed with the Board.

He reported that Board meeting minutes will be posted on the website. The Committee meeting minutes will be password protected. Jessica presented the outline for recording meeting minutes. Anna told Jessica that the Board's website includes links to our deemed status groups. Each deemed status group should be made aware of this and, hopefully, be willing to post a link to the NCSAPPB website on their website.

Treasurer's Report

David Turpin presented the 2007-2008 fiscal year-end report. \$5,000 more was spent than projected for the SBI background checks. \$6,000 more was spent on telephone service. More money was expended to consultants as more part-time help was hired to

handle the influx of applications, calls, etc. The Board only spent about half of what was budgeted for scholarship. David then reviewed the 2006-2007 audit as well as the July, August, September and October financial statements.

Motion: Approve the 2006-2007 audit, the 2007-2008 FY end report and the July, August, September and October financial statements.

Motion made by Al Greene/Seconded by Clyde Ebron. Motion carried.

Ethics Committee

Bert Bennett reported that the Committee is currently considering 22 cases. 25% involve supervision issues, 25% of the cases about the mishandling of records, 25% are about dual relationships and about 10% concern financial records. Bert stated that a majority of the cases are resolved with a consent order. An ethics hearing was held yesterday afternoon.

Nominations and Elections Committee

Worth Bolton reported that two applications were received for the McLeod Institute scholarship. Tracy Klucina will receive this scholarship.

The Committee decided that future scholarships will cover the cost of lodging, if lodging is offered in conjunction with the conference.

Quality Assurance Committee

Al Greene said the Committee considered several requests last night. The Committee will consider charging a fee for late credential renewal. Al stated that the Executive Committee as well as his Committee are discussing establishing a requirement that six hours of nicotine cessation training be needed for initial credentialing and three hours for renewal. The effective date of this requirement will be July 1, 2009.

Standards Committee

Michael Herring talked about a recent Master's graduate from East Carolina University who had a hearing before a Standards Committee panel in September. The Committee had requested specific information from the applicant, including letters of recommendation and an official master's degree transcript. These items were received and the Committee is recommending that this applicant receive registration status. Michael is going to confer with the Ethics Committee about the time period in which one must be in recovery before being eligible for credentialing.

The next topic of discussion was the 300 hour supervised practicum. Michael stated that the Committee discussed the 1 hour of supervision for every 10 hours of practice requirement. The Committee believes that supervision can be received in this ratio whether is be 1:10, 2:20, 3:30, etc. This interpretation should be helpful to those counselors serving in rural areas of the state where few CCS or CSI's are available.

He then reported the September written test results. The passage rate was: 64% for CSAC's, 70% for LCAS's, 80% for CCS's, 67% for CSAC Spanish exam and 60% for CSAPC exam.

Mark Crabtree asked why one can take the exam before having met all the requirements as the exam is now competency-based. Anna explained that the IC&RC is looking to change their standards to require that one complete all credentialing standards before being eligible to take the exam. This is an issue that the Board might continue to consider. Jessica Holton said that NASW sets a limit on the number of times one can take the exam.

Flay asked about webcam-based supervision. The Clinical Supervision Ad-Hoc Committee is studying this and will include information about this in their report of recommendations to the Board.

Al Greene said that he feels the Board should consider Master's degrees obtained online if we do start allowing webcam supervision. Worth Bolton said that he is willing to make a brief presentation at the March Board meeting and show the effectiveness of webcam supervision.

Legislative Update

Randolph Cloud stated President-elect Obama announced a new initiative on healthcare reform. Senator Daschle will head this reform. He is a proponent of parity. Flo Stein has been appointed to SAMSHA Advisory Board. She will be able to address SA issues on a federal level.

Beverly Perdue has a degree in working with the aging population. She is a person that we have access to and she will be much more open to issues that are important to the Board. David Turpin was invited to take part in Beverly Perdue's transition team meeting. Secretary Dempsey Benton will be leaving his post as Secretary of Health and Human Services. A new secretary will be appointed. Governor-elect Perdue is looking to change direction on mental health issues. She will likely face some challenges. There has been recent press about the Department of Corrections. There are concerns about people leaving hospitals and then not being able to find services.

5 LME's could lose funding soon and there is interest in changing ABC laws. Randolph reported that there will be a \$3 billion budget deficient. Of federal interest, Congressman Bob Etheridge was appointed to the House Ways and Means Committee. Randolph will be meeting with Rep. Etheridge on Tuesday. There will be an incentive for sin taxes.

General Announcements

Flay announced that he did lose his bid for the IC&RC Vice Presidency. Flay served in that capacity for 6 years.

Motion: Adjourn the meeting.

Motion made by Al Greene/Seconded by Michael Herring. Motion approved.