

North Carolina Addictions Specialist Professional Practice Board

12:00pm, April 21, 2023

Raleigh / Zoom

Meeting Minutes

Members Present: Flo Stein, Johnny Bass, Kendra Davis, Kathy Allen, Nyi Myint, Anita Daniels, Glenn Buck, Stephanie Robinson, Mike McGuire

Staff: Barden Culbreth, Donna Strickland, Randolph Cloud, Catherine Lee

Public: Jim Van Hecke

Call to Order: Chair Flo Stein called the meeting to order and welcomed everyone participating in-person and on Zoom.

Ethics Awareness Statement: Flo read the Ethics Awareness Statement and asked for conflicts and appearances of conflicts. Glenn Buck reported that the Quality Assurance Committee would be presenting a recommendation to the Board today where he would be recusing himself. The meeting continued.

Approval of Agenda: Anita Daniels motioned to approve the agenda. Glenn seconded and the meeting ended. The agenda was approved.

Public Comment: Flo opened the floor for public comment and recognized Jim Van Hecke. Jim is an LCAS and CCS, and someone who has been in the addictions profession for many years and was part of a group known as the Addictions Fellows Program. Jim reported that the Addictions Fellows had a retreat in Fall of 2022.

Much of the discussion during the retreat was about clinical supervisors who had little to no in-person training. These clinical supervisors are being hired to lead supervision groups and had never participated in one.

The group also is reviewing community colleges and universities to see if there were any commonalities leading to poor performance.

There was concern about new treatment programs opening in the state that were not always genuine in their intention to help others.

(Mike McGuire joined the meeting.)

Flo asked Barden to share the requirements for the Clinical Supervisor Intern and Certified Clinical Supervisor.

Anita shared her experience with supervisees and the staffing issues that are driving agencies.

Kendra asked if the concerns discussed at the retreat were about clinical supervision or treatment groups. Jim reported primarily it was clinical supervision, but there were concerns with newer agencies operating in the state.

Johnny asked who generally pays for clinical supervision.

Stephanie and Mike reported that their university programs were teaching group supervision. Anita agreed that the universities were teaching this and private supervision firms she had worked with.

Barden stated that there was a lot of confusion about how to meet the hourly supervision requirements. He also said that group supervision was also a slippery slope that became classes for many people.

Kendra emphasized that supervisors should be trained as clinicians first, and supervisors need to be creative to meet the requirements of the Board. She asked the Board to consider reinforcing its existing requirements through newsletters or information on the website.

Johnny asked the Board staff to send out more information from the Board, and Barden reported he would help develop a survey and help gather data for the Board.

Mike McGuire noted that the Board had worked on this previously in partnership with the Addiction Professionals of North Carolina (APNC) and asked how this survey would be different.

Kathy noted that the Board should ask if the supervisor is preparing a supervision note.

Johnny asked that the Board consider what it will do with the data and should have a goal in mind.

Kendra recommended that the Board develop and offer a training conference that includes CEUs for supervisors. Many agreed this would be a great opportunity for the board and supervisors.

Government and Policy Report: Randolph reported on Medicaid Expansion and the Budget, with emphasis on mental health funding therein. There was discussion about how the workforce can meet the new money in the system.

Flo discussed the early days of alcohol and drug counseling and how those organizations were funded now.

Approval of Meeting Minutes: Kathy motioned to approve the previous meeting minutes. Johnny seconded the motion and the minutes were approved.

Approval of Financial Report: Barden presented the Budget-to-Actual report and the statement of accounts. Johnny provided an update on the investments. Kathy motioned to approve. Glenn seconded and the Financial report was approved unanimously.

Board Chair Report: Flo spoke about feedback she was hearing at a recent APNC conference.

Board Office Report: Barden introduced Donna to the Board. She provided her background, and the Board thanked her for all her work with the committees. Barden reported that there would be a new version of the LCAS application launching on Monday.

Barden also reported that he and the Board chair are asking the Board to meet on June 23rd to hold several ethics hearings and to review and approve a FY23-24 budget.

Final Agency Decision (EC-734-23): Catherine presented a recommended decision from the Office of Administrative Hearings and the Board recommends a full revocation of her Registration. Myint recused himself.

Kathy moved into closed session for discussion.

Normal order resumed. Kathy motioned to accept the recommended revocation, Johnny seconded, and the revocation was approved.

Committee Updates:

- 1) Ethics – Chair Nyi Myint reported on the recent activities of the committee.
- 2) Standards – Chair Mike McGuire provided an update on Criteria C schools. The committee is specifically looking at the number of hours of clinical supervision that are taking place in the clinical internship. He discussed the influx of new programs and emphasized that schools can have more than one program. He emphasized that the committee is trying to develop precedence when it makes decisions. He further reported on a request for CEU credit for completing a PhD dissertation, which the committee has discussed and denied. Kendra recommended that it should be considered in the future. Kathy recommended that the consideration be uniform and announced publicly.
- 3) Quality Assurance Committee – Chair Anita Daniels presented seven cases that have been heard by the committee, including several today. She thanked the committee for their hard work. She reports that the committee is looking at their pending cases that need to be reviewed, they are considering meeting for a day to knock out cases.

Mike asked Anita to describe a candidate who might be denied by the committee. Anita and Catherine spoke about the rubric that determines if a case goes to the committee.

Unfinished Business: None.

New Business: Flo, Anita, Johnny, and Kendra were re-appointed by the Governor earlier that morning.

Adjournment: Kathy motioned to adjourn. Johnny seconded and the meeting ended.