

STATE OF NORTH CAROLINA
COUNTY OF WAKE

BEFORE THE NORTH CAROLINA
ADDICTIONS SPECIALIST
PROFESSIONAL PRACTICE BOARD
EC CASE NO. 768-23

NORTH CAROLINA ADDICTIONS
SPECIALIST PROFESSIONAL
PRACTICE BOARD,

Petitioner,

v.

KATHRYN NORA MAST
(CCJP No. 117),

Respondent.

CONSENT ORDER

THIS MATTER is before a Panel of the Ethics Committee ("the Panel") of the North Carolina Addictions Specialist Professional Practice Board ("the Board"), pursuant to Chapter 150B, Article 3A of the North Carolina General Statutes; the North Carolina Substance Use Disorder Professional Practice Act; and Chapter 68 of the North Carolina Administrative Code. The Board, with a quorum present, and Respondent stipulate and agree to the entry of the following Consent Order:

FINDINGS OF FACT

1. Petitioner Board was established by the North Carolina General Assembly to credential and regulate substance use disorder professional in North Carolina, in accordance with Chapter 90, Article 5C, of the North Carolina General Statutes.
2. Respondent currently is a citizen and resident of Mecklenburg County, North Carolina; and is neither a minor nor an incompetent person.
3. On June 17, 2006, Respondent was credentialed by the Board as a Certified Criminal Justice Addictions Professional ("CCJP") (CCJP No. 117), which will expire on July 1, 2024, if not renewed.

4. During all times relevant to this matter, Respondent was an employee of the North Carolina Department of Adult Corrections (“NCDAC”), providing services in the Alcohol and Chemical Dependency Program (“ACD”) in her capacity as a CCJP.
5. On or about February 8, 2023, Respondent submitted a self-report to the Board of a criminal charge of driving while impaired. The charge in docket number 23-CR-000088 was dismissed on or about July 11, 2023, in Anson County District Court.
6. On or about February 22, 2023, in response to the above-referenced self-report and corresponding pending criminal matter, and in accordance with N.C. Gen. Stat. § 90-113.33(11), the Board requested Respondent submit to an independent assessment concerning substances abuse and/or fitness to practice as a CCJP with Board-approved provider clinician Phyllis Barnette (“Barnette”) at Zenith Hope Center (“Zenith”).
7. On or about March 17, 2023, Respondent submitted to an independent assessment with Barnette. Barnette subsequently provided the corresponding Assessment Summary with her clinical findings to the Board.
8. Per the Assessment Summary, dated March 31, 2029, Barnette provided the following recommendations:
 - a. Respondent remain abstinent from any mind- or mood-altering substances, unless properly prescribed by a physician;
 - b. Respondent needs to re-educate on the disease model of alcoholism and addiction;
 - c. Respondent should strongly consider admission into a detox treatment program to further assess and evaluate her drinking habits;
 - d. Respondent should receive a mental health assessment; and

- e. Respondent should not be allowed to maintain her CCJP professional credentials, to avoid future concerns or ethical violations.

CONCLUSIONS OF LAW

9. Respondent is subject to the North Carolina Addictions Specialist Professional Practice Act and the rules promulgated pursuant to that Act. The Board has jurisdiction over Respondent and the subject matter of this proceeding.

BASED upon the foregoing Findings of Fact and Conclusions of Law, and in lieu of further proceedings, Respondent wishes to resolve this matter by consent and agrees that Board staff and counsel may discuss this Consent Order with the Board *ex parte* whether or not the Board accepts this Consent Order as written.

Whereas Respondent acknowledges that he read this entire document and understands it;

Whereas Respondent acknowledges that he enters into this Consent Order freely and voluntarily;

Whereas Respondent acknowledges that he had full and adequate opportunity to confer with legal counsel in connection with this matter;

Whereas Respondent understands that this Consent Order must be presented to the Board for approval; and

Whereas the Board has determined that the public interest is served by resolving this matter as set forth below.

THEREFORE, with the consent of Respondent, it is ORDERED that:

1. Respondent hereby submits to voluntarily suspension of her certification before the Board as a Certified Criminal Justice Addictions Professional (CCJP No. 117). The suspension

shall be lifted upon:

- a. Submission to the Board of documentation demonstrating Respondent obtained an independent assessment concerning substance abuse, fitness to practice and general mental health, deeming Respondent fit to practice;
 - b. Submission to the Board of documentation demonstrating successful completion of six (6) hours of continuing education pertaining to the disease model of alcohol and addiction, and;
 - c. Continued participation, and demonstration of successful completion of, an accredited substance abuse treatment program.
2. The Board shall retain jurisdiction under Article 3A, Chapter 150B for all administrative hearings held in connection with or pursuant to this Consent Order. If the Board receives evidence that Respondent has violated any term of this Consent Order or any other law or rule enforced by the Board, the Board shall schedule a show cause hearing for a determination of the violations. If the Board determines that a violation has occurred, the Board may impose such disciplinary action as it determines is appropriate and is authorized by law.
3. This Consent Order shall take effect immediately upon its execution by the Board and Respondent and reflect the entire agreement between Respondent and the Board, there being no agreement of any kind, verbal or otherwise, which varies, alters, or modifies this Consent Order.
4. No modification or waiver of any provision of this Consent Order shall be effective unless it is in writing, adopted and approved by the Board, and signed by the parties affected.

5. Both the Board and Respondent participated in the drafting of this Consent Order. Any ambiguities herein shall not be construed against either party in any future civil or administrative proceeding.
6. Each party to this proceeding shall bear their own costs, and the Board shall bear its own costs of investigation.
7. Upon its execution by the Board and Respondent, this Consent Order shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof.

CONSENTED TO:

KATHRYN NORA MAST

Kathryn Mast Date: 7-18-23

By Order of the North Carolina Addictions Specialist Professional Practice Board, this the
19 day of July, 2023.

By: *Nyi Myint*
Nyi Myint, Ethics Chair