

North Carolina Addictions Specialist Professional Practice Board
Raleigh, NC
Meeting Minutes
January 27, 2023

Members Present: Flo Stein, Kendra Davis, Johnny Bass, Stephanie Robinson, Kathy Allen, and Nyi Myint

Members Absent: Mike McGuire and Glenn Buck (both excused)

Staff: Barden, Marcie, Randolph, Catherine Lee, Carrie, Lynn Bodenheimer

Public: MariTess Breslerman (Zoom)

Call to Order: Chair Flo Stein called the meeting to order.

Ethics Statement: Flo reminded the Board members of their obligation to report conflicts or appearances of conflicts. Hearing no conflicts with any of the matters before the Board today, the meeting continued.

Approval of Agenda: Stephanie motioned to approve. Johnny seconded and the agenda was approved.

Hearing: Flo moved the meeting into a hearing to consider the application of MariTess Breslerman. The Board deliberated, then resumed normal order.

Johnny motioned to deny the application. Anita seconded the motion, and the motion to deny carried.

Kendra motioned that the Board add a fitness to practice examination as part of any reapplication process. Anita seconded and the motion was unanimously approved.

Approval of Previous Meeting Minutes: Kathy motioned to approve the minutes as presented. Anita seconded, and the minutes were unanimously approved.

Approval of the Financial Report: Barden provided an update on the Board financial performance for the quarter. The revenue and expenses were on par with previous years.

Johnny provided a report on the Board's investments, which were in line with the poor performance of the stock market overall. We were performing better than most indexes. Our total return has been 7% - 8% since inception in 2017. Kathy motioned to approve the report. Stephanie seconded and the report was approved.

Board Chair Report: Flo reported that Terry Steele, an early pioneer in drug counseling certification, passed away recently.

Flo reported that Katie would be leaving the office staff at the end of the month, and Donna Strickland, who has been working part-time for the Board, would be coming on full time.

Government Affairs report: Randolph Cloud provided a report that the legislature has returned to Raleigh. He discussed occupational licensing reform efforts. Kathy reported that she has contacted lots of legislators and they encouraged more contact from constituents.

Board Orientation / Training: The Board held its 93B training provided by the Board's legal counsel.

Committee Reports:

Ethics – Myint shared a slide of the current open cases.

Standards – Stephanie provided an update from the committee activities since the July meeting (no report due to scheduling in October). The committee is reviewing the Criteria C audit schedule and will be looking at all approved programs. They are working on a plan to make sure institutional knowledge is not lost as Board staff transitions.

The last audit of a Criteria C school was in 2016.

Quality Assurance Committee – Anita provided an update on their monthly meetings with applicants with serious criminal histories. The Board attorneys have developed a question flow-chart and that was helping direct the committee's interviews.

Unfinished Business: None.

New Business: Kendra reported that she had received an email from someone impersonating Flo asking for Board information. The Board discussed scams and phishing attempts.

Stephanie volunteered to be the IC&RC liaison for the Board.

Adjourn: Kathy motioned to adjourn. Anita seconded and the meeting ended.

Next Meetings in 2023: April 21, July 21, and October 27

North Carolina Addictions Specialist Professional Practice Board

12:00pm, April 21, 2023

Raleigh / Zoom

Meeting Minutes

Members Present: Flo Stein, Johnny Bass, Kendra Davis, Kathy Allen, Nyi Myint, Anita Daniels, Glenn Buck, Stephanie Robinson, Mike McGuire

Staff: Barden Culbreth, Donna Strickland, Randolph Cloud, Catherine Lee

Public: Jim Van Hecke

Call to Order: Chair Flo Stein called the meeting to order and welcomed everyone participating in-person and on Zoom.

Ethics Awareness Statement: Flo read the Ethics Awareness Statement and asked for conflicts and appearances of conflicts. Glenn Buck reported that the Quality Assurance Committee would be presenting a recommendation to the Board today where he would be recusing himself. The meeting continued.

Approval of Agenda: Anita Daniels motioned to approve the agenda. Glenn seconded and the meeting ended. The agenda was approved.

Public Comment: Flo opened the floor for public comment and recognized Jim Van Hecke. Jim is an LCAS and CCS, and someone who has been in the addictions profession for many years and was part of a group known as the Addictions Fellows Program. Jim reported that the Addictions Fellows had a retreat in Fall of 2022.

Much of the discussion during the retreat was about clinical supervisors who had little to no in-person training. These clinical supervisors are being hired to lead supervision groups and had never participated in one.

The group also is reviewing community colleges and universities to see if there were any commonalities leading to poor performance.

There was concern about new treatment programs opening in the state that were not always genuine in their intention to help others.

(Mike McGuire joined the meeting.)

Flo asked Barden to share the requirements for the Clinical Supervisor Intern and Certified Clinical Supervisor.

Anita shared her experience with supervisees and the staffing issues that are driving agencies.

Kendra asked if the concerns discussed at the retreat were about clinical supervision or treatment groups. Jim reported primarily it was clinical supervision, but there were concerns with newer agencies operating in the state.

Johnny asked who generally pays for clinical supervision.

Stephanie and Mike reported that their university programs were teaching group supervision. Anita agreed that the universities were teaching this and private supervision firms she had worked with.

Barden stated that there was a lot of confusion about how to meet the hourly supervision requirements. He also said that group supervision was also a slippery slope that became classes for many people.

Kendra emphasized that supervisors should be trained as clinicians first, and supervisors need to be creative to meet the requirements of the Board. She asked the Board to consider reinforcing its existing requirements through newsletters or information on the website.

Johnny asked the Board staff to send out more information from the Board, and Barden reported he would help develop a survey and help gather data for the Board.

Mike McGuire noted that the Board had worked on this previously in partnership with the Addiction Professionals of North Carolina (APNC) and asked how this survey would be different.

Kathy noted that the Board should ask if the supervisor is preparing a supervision note.

Johnny asked that the Board consider what it will do with the data and should have a goal in mind.

Kendra recommended that the Board develop and offer a training conference that includes CEUs for supervisors. Many agreed this would be a great opportunity for the board and supervisors.

Government and Policy Report: Randolph reported on Medicaid Expansion and the Budget, with emphasis on mental health funding therein. There was discussion about how the workforce can meet the new money in the system.

Flo discussed the early days of alcohol and drug counseling and how those organizations were funded now.

Approval of Meeting Minutes: Kathy motioned to approve the previous meeting minutes. Johnny seconded the motion and the minutes were approved.

Approval of Financial Report: Barden presented the Budget-to-Actual report and the statement of accounts. Johnny provided an update on the investments. Kathy motioned to approve. Glenn seconded and the Financial report was approved unanimously.

Board Chair Report: Flo spoke about feedback she was hearing at a recent APNC conference.

Board Office Report: Barden introduced Donna to the Board. She provided her background, and the Board thanked her for all her work with the committees. Barden reported that there would be a new version of the LCAS application launching on Monday.

Barden also reported that he and the Board chair are asking the Board to meet on June 23rd to hold several ethics hearings and to review and approve a FY23-24 budget.

Final Agency Decision (EC-734-23): Catherine presented a recommended decision from the Office of Administrative Hearings and the Board recommends a full revocation of her Registration. Myint recused himself.

Kathy moved into closed session for discussion.

Normal order resumed. Kathy motioned to accept the recommended revocation, Johnny seconded, and the revocation was approved.

Committee Updates:

- 1) Ethics – Chair Nyi Myint reported on the recent activities of the committee.
- 2) Standards – Chair Mike McGuire provided an update on Criteria C schools. The committee is specifically looking at the number of hours of clinical supervision that are taking place in the clinical internship. He discussed the influx of new programs and emphasized that schools can have more than one program. He emphasized that the committee is trying to develop precedence when it makes decisions. He further reported on a request for CEU credit for completing a PhD dissertation, which the committee has discussed and denied. Kendra recommended that it should be considered in the future. Kathy recommended that the consideration be uniform and announced publicly.
- 3) Quality Assurance Committee – Chair Anita Daniels presented seven cases that have been heard by the committee, including several today. She thanked the committee for their hard work. She reports that the committee is looking at their pending cases that need to be reviewed, they are considering meeting for a day to knock out cases.

Mike asked Anita to describe a candidate who might be denied by the committee. Anita and Catherine spoke about the rubric that determines if a case goes to the committee.

Unfinished Business: None.

New Business: Flo, Anita, Johnny, and Kendra were re-appointed by the Governor earlier that morning.

Adjournment: Kathy motioned to adjourn. Johnny seconded and the meeting ended.



NCASPPB
North Carolina Addictions Specialist
Professional Practice Board

Meeting Minutes
Raleigh / Zoom
12:00pm, June 23, 2023

Board members Present: Flo Stein, Kendra Davis, Kathy Allen, Nyi Myint, Stephanie Robinson, and Glenn Buck

Board Members Absent: Johnny Bass, Mike McGuire, and Anita Daniels

Staff: Barden Culbreth, Donna Strickland, Randolph Cloud, Catherine Lee, Grant Simpkins, and Carrie Duhon

Public: Valerie Arendt

Call to Order and Introductions: Chair Flo Stein called the meeting to order and welcomed everyone to the meeting.

Ethics Awareness Statement: Flo asked for any conflicts of interest or appearances of conflict. Hearing none, the meeting continued.

Approval of Agenda: Kathy motioned to approve the agenda. Glenn seconded the motion and the agenda was approved.

Approval of the Previous Meeting Minutes: Kathy motioned to approve. Kendra seconded the motion and the meeting continued.

Proposed FY23/24 Budget: Barden presented the proposed budget. Kathy motioned to approve the budget. Kendra seconded the motion, and the budget was approved unanimously.

Board Chair Report: None.

Board Office Report: Barden discussed the new LCAS flow. Kendra asked if the Board has a new certificate. Barden reported that there was a new design being used. Kathy asked if it was the same one that was on the online verification tool. Barden reported that there was an e-certificate found online, and there was also one that was mailed out for new licenses and renewals; and that these were two different versions.

Government and Policy Report: Randolph reported on activities at the General Assembly. Discussion followed on Medicaid Expansion and passage of the budget. Glenn and Flo talked about LME consolidation and DHSR regulation enforcement on agencies. Discussion followed.

Unfinished Business: None.

New Business: Kathy presented that there was discussion in a previous meeting about Qualified Professionals (QP), and it was unclear what constituted a QP. Barden and Donna reported that they would share the statutory definition of this from the Division of MH/DD/SS. Flo discussed that lack of uniformity across the states exacerbates this issue. Glenn reported that this was designation that

predated the Board. Valerie spoke about how the social work field was dealing with this issue. Stephanie reported that the mental health counseling professions were also dealing with this issue of varying occupational licenses that are trying to absorb these QP's with varying skills and credentials.

Hearing on Recommended Decision for James McGoogan: McGoogan and his counsel did not appear in person to present oral arguments. Kathy motioned to table discussion on this case until the July meeting. Glenn seconded. Discussion followed. Stephanie noted that the Board needed to consider the protection of the public if there was potential for that. Myint noted that the respondent did have due process granted to him. The Board then voted, and the motion carried.

Adjournment: Kathy motioned to adjourn. Kendra seconded and then meeting ended.

North Carolina Addictions Specialist Professional Practice Board
Meeting Minutes
Raleigh, NC
August 25, 2023

Members Present: Flo Stein, Mike McGuire, Stephanie Robinson, Nyi Myint, Glenn Buck, Anita Daniels, and Kendra Davis

Members Absent: Johnny Bass, Kathy Allen

Staff: Barden Culbreth, Donna Strickland, Randolph Cloud, Catherine Lee, Carrie Duhon, and Grant Simpkins

Public: James McGoogan, Nick Dowgul, and Raina Coposky

Call to Order and Introductions: Chair Flo Stein called the meeting to order and asked those present to introduce themselves.

Ethics Awareness and Conflict of Interest: Flo read the North Carolina Ethics Awareness Statement and asked for conflicts or appearances of conflicts. Nyi Myint noted he had a conflict with the scheduled Hearing before the Board and would be recusing himself. No other conflicts were heard, and the meeting continued.

Hearing: The Board considered a recommended decision from the Office of Administrative Hearings to revoke the Licensed Clinical Addictions Specialist license of Mr. James McGoogan. McGoogan was represented by his legal counsel Nick Dowgul and Raina Coposky. Following deliberation by the Board, Anita Daniels motioned to uphold the recommended decision to revoke the LCAS. Stephanie Robinson seconded and the motion passed unanimously.

McGoogan's counsel left the meeting.

Approval of the Agenda: Flo asked to move the committee reports to the next item and asked for an approval of the agenda.

Myint left the meeting due to another commitment.

Standards Committee Report: Mike McGuire provided an overview of the 3-year review of Criteria C schools and a proposed review schedule. He reported that the Clinical Mental Health Counseling master's program at UNC-Pembroke was recently reviewed and approved.

Ethics Committee Report: Barden provided a report on the committee's work.

Quality Assurance Committee: Anita provided a report on their recent cases. There are two applicants who are appealing their application denials and will be appearing in October before the full Board.

Approval of the Previous Meeting Minutes: Glenn Buck motioned to approve the minutes. Anita seconded and the minutes were approved.

Financial Report: Glenn motioned to approve. Kendra Davis seconded and the Financial Report was approved unanimously.

Flo talked about the need for more clinicians in underserved areas across the state.

Glenn stated that PORT Human Services recently hired 12 full-time employees. Anita talked about the need for dual credentialing. Stephanie and Mike talked about enrollment numbers for Criteria C masters' programs.

Board Office Report: Barden and Donna provided an update on the number of credentialed counselors and activity for the Fiscal Year. Donna shared that more than 370 applicants this year had criminal histories. Kendra noted that from a criminal justice perspective, these numbers show that the Board credential is a great job opportunity for persons with criminal backgrounds.

Mike noted that the number of LCAS's could double if LCAS-Associates were able to become LCAS. Discussion followed about the ability of people to pass the exam. Anita agreed that many people are having trouble passing the exam. Stephanie discussed her role as the IC&RC liaison and test development.

Kendra shared an upcoming free test prep program she is holding.

Government and Policy Report: Randolph presented on the state budget negotiations. He discussed gambling issues that were being discussed at the North Carolina General Assembly.

Flo reported that there was a new adolescent credential being offered by some national programs. Anita spoke about the difficulties professionals face working with adolescent clients.

Discussion followed on reimbursement rate parity between Medicaid and Private insurance. Discussion was also on gambling and how that treatment was reimbursed.

Flo thanked Barden and Donna for their work, including during the time when his father was ill.

Mike thanked the Board's legal team for their work and preparedness.

Unfinished Business: None

New Business: None.

Adjourn: Anita motioned to adjourn. Glenn seconded and the meeting ended.

North Carolina Addictions Specialist Professional Practice Board
October 27, 2023
Meeting Minutes

Board Members: Flo Stein, Kendra Davis, Stephanie Robinson, Kathy Allen, Anita Daniels, Mike McGuire, Glenn Buck

Board Members Absent: Johnny Bass

Staff: Barden Culbreth, Donna Strickland, Randolph Cloud, Carrie Duhon, Catherine Lee, Lynn Bodenheimer

Public: Destiny Burgess, Philip Cooper

Call to Order: Chair Flo Stein called the meeting to order and read the NC Government Ethics Act Statement and asked for and conflicts of interest. No conflicts of interest were reported and the meeting continued.

Approval of Agenda: Flo asked that two agenda items: Standards Committee Report and the Gov and Policy Report be moved earlier in the meeting due to scheduling conflicts. Hearing no objection, the Board moved into the Standards Committee.

Catherine reminded the Board members that the Board is a Public Meeting and that several members of the public who were going to participate in hearings later in the meeting were attending the meeting via Zoom.

Standards Committee: Mike was recognized and gave his committee report on the recent Criteria C School reviews.

Government and Policy Update: Randolph Cloud was recognized and gave an update on the activities at the NC General Assembly. He advised that the Budget was approved, which included Medicaid Expansion.

He spoke on redistricting and changes to legislative districts. There would be a primary election in March 2024.

Flo spoke about the patient brokering bill that was approved this year.

Randolph spoke about the proposal to have healthcare professionals carry ID badges provided by the occupational licensing board. This law did not pass.

Anita asked for more discussion on redistricting and how that could dilute minority representation.

Flo spoke about Medicaid Transformation.

Public Comment: Flo opened the floor to public comment. Hearing none, the meeting continued.

Nominations Committee: Myint was recognized and presented a slate of candidates for 2024 Officers: Kendra Davis was nominated for Chair, Stephanie Robinson as Vice Chair, Johnny Bass for Treasurer, and Kathy Allen as Secretary. The slate of candidates was accepted. Flo opened the floor for additional nominations. Hearing none, the slate of 2024 officers was unanimously approved.

Financial Report: Barden presented the financial report. Glen motioned to approve. Anita seconded and the report was approved.

Approval of Previous Meeting Minutes: Kathy motioned to approve the minutes. Kendra seconded and the minutes were approved.

The Board then moved into the Hearings.

Hearing 1: QA-64-23 Burgess –

Mike motioned to approve the registration application. Kendra seconded. The vote was Kendra, Mike, Flo, Stephanie, Myint in favor. Anita, Glen, and Kathy voted against the motion. Discussion followed.

Mike was recognized. He stated he was embarrassed with the proceedings.

Kathy stated his comments were out of order.

Flo asked for the discussion to be tabled and for the Board to move to the next Hearing. Ms. Burgess and the members of the public signed off Zoom.

Glen stated this proceeding was a waste of his time.

Carrie reminded the Board that evidence had to be read into the record.

Barden noted that the Board's attorneys have an obligation to best represent their client, the Board, and to protect the Board from exposure of appeals.

Anita noted that the respondent presented very differently today than her presentation.

Mike questioned the need for each criminal charge and conviction to be read into evidence. Discussion followed.

The Board took a 5-minute break.

Hearing 2: QA-43-23 Green – The Board reconvened.

Ms. Green was not present, and attempts were made to contact her by phone. She reported that she wasn't going to attend the hearing.

Kathy made a motion to dismiss the appeal. Kendra seconded and the motion passed unanimously.

Hearing 3: EC-797-23 Mitchell – Summary Suspension – Myint stated he was recusing himself since this was an Ethics Case.

Anita motioned to uphold the summary suspension, Stephanie seconded the motion, and it was approved.

Board Chair Report: Flo reported no matters to present to the Board.

Board Office Report: Barden reported on the audit and annual report.

Quality Assurance Committee: Anita was recognized, and she presented on the committee's work meeting with applicants who had significant criminal backgrounds. The committee meets monthly. Board staff are receiving more and more applications with criminal convictions.

Ethics Committee: Myint was recognized and shared actions of the committee. Catherine and Barden reported some additional activities of the Board and committee.

New Business: Stephanie was recognized and shared some information about the recent IC&RC stakeholders meeting. Specifically, she shared a slideshow presentation about examination development. She then shared the passage rates internationally and statewide.

Stephanie shared a Harm Reduction Certificate that Minnesota was now offering.

Kathy asked about a Board for Peer Support Specialist. Anita stated this credential should be regulated by this Board.

Barden provided some history of the discussion of this Board regulating the Peer Support Credential. He also reported that several agencies had called the Board about hiring CPSS to do clinical tasks.

Barden reported that there was a rumor that CADC-Intern was ending. This was not true.

Flo reported that there was a lot of chaos in the billing community during Medicaid transformation.

Unfinished Business: None.

Adjourn: Anita motioned to adjourn. Kendra seconded and the meeting ended.