

STATE OF NORTH CAROLINA
COUNTY OF WAKE

BEFORE THE NORTH CAROLINA
ADDICTIONS SPECIALIST
PROFESSIONAL PRACTICE BOARD
EC CASE NO. 826-24

NORTH CAROLINA ADDICTIONS
SPECIALIST PROFESSIONAL
PRACTICE BOARD,

Petitioner,

v.

TIMOTHY DAVID PARENT
(LCAS-A No. 28682)

Respondent.

CONSENT ORDER

THIS MATTER is before a Panel of the Ethics Committee (the “Panel”) of the North Carolina Addictions Specialist Professional Practice Board (the “Board”), pursuant to Chapter 150B, Article 3A of the North Carolina General Statutes; Chapter 90, Article 5C of the North Carolina General Statutes, the North Carolina Substance Use Disorder Professional Practice Act; and Title 21, Chapter 68 of the North Carolina Administrative Code. The Board, with a quorum present, and Respondent stipulate and agree to the entry of the following Consent Order:

FINDINGS OF FACT

1. Petitioner Board was established by the North Carolina General Assembly to credential and regulate substance use disorder professionals in North Carolina, in accordance with Chapter 90, Article 5C of the North Carolina General Statutes.
2. Respondent currently is a citizen and resident of Carteret County, North Carolina; and is neither a minor nor an incompetent person.
3. On June 4, 2023, Respondent was credentialed before the Board as a Licensed Clinical Addiction Specialist – Associate (“LCAS-A”) (LCAS-A No. 28682), which will expire on March 23, 2028, if not renewed.

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4. During all times relevant to this matter, Respondent was employed at Broadstep Behavioral Health as a counselor.
5. On January 14, 2024, Respondent was criminally charged with Driving While Impaired – Level 5 (“DWI”) in Onslow County District Court, court file no. 24 CR 209813-660.
6. On July 11, 2024, Respondent submitted a formal self-report ethics complaint before the Board disclosing issuance of the above-referenced DWI charge. The complaint was designated by the Board as Ethics Complaint (“EC”) Case No. 826-24.
7. On January 27, 2025, the Board issued a letter to Respondent requesting additional information as to the above-referenced criminal charge.
8. On February 1, 2025, Respondent submitted a written response to the Board’s request for additional information. Respondent reported drinking alcohol socially with friends at a restaurant and encountering a DWI checkpoint. A breathalyzer test was conducted, whereby Respondent blew a 0.12, resulting in issuance of the above-referenced DWI charge.
9. On April 14, 2025, due to the above-referenced pending DWI charge and associated impairment concerns, the Board’s Ethics Committee requested Respondent submit to an independent assessment concerning substance use and fitness to practice with an independent, Board-approved provider, clinician Cheryl Gentile (“Gentile”).
10. On April 22, 2025, Respondent completed the assessment with Gentile. Per Gentile’s Assessment Report, dated April 23, 2025, Respondent did not meet the criteria for a substance use disorder diagnosis.

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11. On June 11, 2025, the Board issued a Reprimand in EC Case No. 826-24 pursuant to N.C. Gen. Stat. § 90-113.33(2) and 21 NCAC 68 .0605(a)(4), due to Respondent's failure to timely report the above-referenced criminal charge to the Board as required in 21 NCAC 68 .0606. The Board reserved the right to re-open EC Case No. 826-24 if additional impairment concerns arose, or if the eventual outcome of the above-referenced DWI case warranted additional action on behalf of the Board.
12. On October 21, 2025, Respondent was criminally convicted of the above-referenced DWI charge pursuant to a plea agreement. Respondent was sentenced to sixty (60) days of confinement in the custody of the Misdemeanant Confinement Program pursuant to a suspended sentence of twelve (12) months of unsupervised probation. Respondent was ordered to surrender his driver's license, complete a substance abuse assessment, complete associated treatment and education, complete twenty-four (24) hours of community service and remit payment for \$643.00 in costs.
13. On October 24, 2025, Respondent self-reported the criminal conviction in the above-referenced DWI case to the Board.
14. On December 9, 2025, Respondent entered into a Consent Order with the Board in this matter whereby Respondent's LCAS-A was suspended for a period of twelve (12) months.
15. On January 8, 2026, Respondent was released from court-ordered unsupervised probation in relation to the above-referenced DWI conviction.

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CONCLUSIONS OF LAW

16. Respondent is subject to the North Carolina Addictions Specialist Professional Practice Act and the rules promulgated pursuant to that Act. The Board has jurisdiction over Respondent and the subject matter of this proceeding.

17. The acts and omissions of Respondent as described above constitute violations of the following:

- a. N.C. Gen. Stat. § 90-113.44(a)(2a), for the use of drugs or alcoholic beverages to the extent that Respondent suffered impairment;
- b. N.C. Gen. Stat. § 90-113.44(a)(3), for conviction of an offense under any municipal, State, or federal law other than traffic laws as prescribed by Chapter 20 of the General Statutes;
- c. N.C. Gen. Stat. § 90-113.44(a)(6), for engaging in an act or practice in violation of the provisions of Chapter 90, Article 5C of the North Carolina General Statutes (the North Carolina Substance Use Disorder Professional Practice Act), or any of the rules adopted pursuant to it;
- d. N.C. Gen. Stat. § 90-113.44(a)(9), for engaging in conduct that could result in harm or injury to the public;
- e. 21 NCAC 68 .0503(i), for failure to recognize the negative impact impairment has on his functioning in public and professional performance and failure to report impairment to the Board for investigation and review;
- f. 21 NCAC 68 .0601(5)(b), for violating a driving while impaired law;

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- g. 21 NCAC 68 .0601(6)(c), for the use of drugs including alcohol to the extent that Respondent suffered impairment; and
- h. 21 NCAC 68 .0606(c)-(d), for failure to notify the Board within thirty (30) days from the date of the issuance of the above-referenced DWI charge.

Respondent committed one or more of the violations described above. Pursuant to N.C. Gen. Stat. § 90-113.33(2), the Board has the authority to deny, suspend, or revoke Respondent's licensure, certification, or registration to practice in this State or reprimand or otherwise discipline Respondent's license, certificate, or registration in North Carolina.

BASED upon the foregoing Findings of Fact and Conclusions of Law, and in lieu of further proceedings, Respondent wishes to resolve this matter by consent and agrees that Board staff and counsel may discuss this Consent Order with the Board *ex parte* whether or not the Board accepts this Consent Order as written.

Whereas Respondent acknowledges that he read this entire document and understands it;

Whereas Respondent acknowledges that he enters into this Consent Order freely and voluntarily;

Whereas Respondent acknowledges that he had full and adequate opportunity to confer with legal counsel in connection with this matter;

Whereas Respondent understands that this Consent Order must be presented to the Board for approval; and

Whereas the Board has determined that the public interest is served by resolving this matter as set forth below.

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THEREFORE, with the consent of Respondent, it is ORDERED that:

- I. The suspension of Respondent's credential as an LCAS-A (LCAS-A No. 28682) before the North Carolina Addictions Specialist Professional Practice Board shall be STAYED as of the execution of this Consent Order.
 - a. Respondent shall complete 4,000 additional hours of supervision with a Board-approved clinical supervisor.
 - b. Respondent shall identify for the Board an associated proposed clinical supervisor within ten (10) days of the execution of this Consent Order. Respondent's clinical supervisor must be approved by the Board's Ethics Committee before engaging in supervision or clinical practice.
 - c. Respondent shall provide a copy of this Consent Order to all current clinical supervisor(s) throughout the period of Respondent's registration as an LCAS-A.
 - d. Respondent's current clinical supervisor shall submit quarterly reports to the Board detailing Respondent's current circumstances as a supervisee and Respondent's progress in supervision, until if and when Respondent attains the full LCAS.
 - i. The above-referenced quarterly reports must be drafted by Respondent's current supervisor, drafted on the supervisor's official letterhead, and the reports must be signed and dated by the supervisor. The reports must be transmitted directly from the supervisor to the Board.
 - ii. In the event Respondent fails to ensure timely submission of the above-referenced quarterly reports, Respondent's registration shall be automatically terminated by the Board.

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- iii. If Respondent terminates clinical supervision or changes clinical supervisors, Respondent shall notify the Board within ten (10) business days as to a new proposed clinical supervisor.
2. In the event Respondent is convicted of any new criminal offense(s), Respondent's LCAS-A shall be automatically revoked by the Board.
3. In the event Respondent violates any of the Board's rules or laws, Respondent's LCAS-A shall be automatically revoked by the Board.
4. The Board shall retain jurisdiction under Article 3A, Chapter 150B for all administrative hearings held in connection with or pursuant to this Consent Order. If the Board receives evidence that Respondent has violated any term of this Consent Order or any other law or rule enforced by the Board, the Board shall schedule a show cause hearing for a determination of the violations. If the Board determines that a violation has occurred, the Board may impose such disciplinary action as it determines is appropriate and is authorized by law.
5. This Consent Order shall take effect immediately upon its execution by the Board and Respondent and reflect the entire agreement between Respondent and the Board, there being no agreement of any kind, verbal or otherwise, which varies, alters, or modifies this Consent Order.
6. No modification or waiver of any provision of this Consent Order shall be effective unless it is in writing, adopted and approved by the Board, and signed by the parties affected.
7. Both the Board and Respondent participated in the drafting of this Consent Order. Any ambiguities herein shall not be construed against either party in any future civil or


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administrative proceeding.

8. Each party to this proceeding shall bear their own costs, and the Board shall bear its own costs of investigation.
9. Upon its execution by the Board and Respondent, this Consent Order shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof.

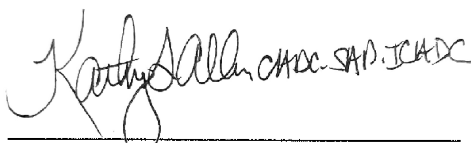
CONSENTED TO BY:

TIMOTHY DAVID PARENT (LCAS-A No. 28682)


Respondent Signature

Date: 1.26.2026
Respondent Signature Date

By Order of the North Carolina Addictions Specialist Professional Practice Board, this the
27th day of January, 2026.

By: 
Kathy Allen, Ethics Chair