

North Carolina Addictions Specialist Professional Practice Board

Meeting Minutes

Raleigh, NC

April 17, 2026

Members Present: Kathy Allen, Kendra Davis, Johnny Bass, Flo Stein, Virginia Johnson, Lauren Quick, Katie Salmons, Anita Daniels,

Staff: Barden Culbreth, Carrie Duhon, Donna Strickland, Randolph Cloud, Catherine Lee

Call to Order: Chair Kathy Allen called meeting to order.

Ethics Awareness and Conflict of Interest Statement: Kathy read the State Government Ethics Awareness statement and asked for conflicts of interest or appearances of conflict with the business before the Board today. Hearing none, the meeting continued.

Approval of Agenda: Lauren Quick motioned to approve the agenda. Kendra Davis seconded and the meeting continued.

Hearing: A continuance was granted and the hearing was moved to the next meeting.

Approval of Previous Meeting Minutes: Virginia Johnson motioned to approve. Kendra seconded and the minutes were approved.

Approval of Financial Report: Lauren Quick motioned to approve the Financial Report. Flo Stein seconded and the report was approved.

Board Chair Report: Kathy thanked the members and acknowledged that this was her first meeting as chair.

Boad Office Report: Barden Culbreth and Donna Strickland provided an update from the Board office.

Anita Daniels talked about issues with collegiate sports gambling and proposed inviting Rep. Marcia Morey to speak at the training event in June.

Ethics Committee Report: Kathy gave the quarterly report from this committee. Kendra asked if there were any trends that the Board members were seeing. Carrie Duhon reviewed some trends that were frequently seen: impairment, dual relationships, and fraud. Kendra stated that many students in trainings ask about ethical issues.

Standards Committee Report: Lauren Quick provided both the revised January report and the newly submitted April report. Virginia asked if they would be considered separately. Lauren confirmed that they were. Kendra thanked the committee for their revision of the report.

Lauren walked through the April report. The Board thanked Katie Salmons and Lauren for their work assisting ECU's Social Work program to meet the requirements for Criteria C status.

Anita spoke about her experience working with the program at NCCU, but their director has retired and she is unsure if they are maintaining the standards he had put in place.

Katie spoke about degree programs not being additions specific, and that program directors were only including additions topics within the broader scope of general counseling. The committee is insistent about the course requirement to be addiction-focused, not addiction-included.

Donna outlined the upcoming renewal schedule.

Lauren shared that the committee would like to explore a statutory removal of Deemed Status. Discussion followed on Deemed Status trends.

Discussion followed on how APNC could engage on this issue.

Discussion followed on how NAADAC is different from IC&RC.

Virginia asked what the boundaries are for Board members when lobbying on an issue. Catherine Lee provided some explanation on how individuals can lobby the legislature.

Anita asked about next steps, such as preparing talking points on the issue.

Barden presented the option to allow Deemed Status LCAS's to take the IC&RC Exam and become "regular" LCAS's. Donna reported that there were 57 active Deemed Status LCAS's.

Virginia motioned to approve the January and April reports. Kendra seconded. The reports were approved.

QA Committee Report: Anita shared her experience with the committee, and that many of the applicants that appear before the committee are Peer Support Specialists. She spoke about the need for applicants to have proper structure, supervisors, and to complete all aspects of restitution prior to coming to the Board for licensure.

Kendra asked if there were mechanisms to catch people who are regular substance users who have not been in contact with law enforcement. Anita agreed but noted that we may

not have the ability to monitor at that level. Kathy spoke about supervisees she knew who were in this situation and that as practitioners there was a duty to see something and say something.

Katie spoke about the Second Chances Act and how it opened the door for many professionals with criminal backgrounds. Kendra asked if there was a mechanism to ask for sustained clean time before applying to the Board. Carrie indicated that there was not currently a mechanism in statute.

The QA Report was accepted.

The Board recessed for 10 minutes.

IC&RC Committee Report: Donna spoke about the need for nominations for Professional(s) of the Year.

Government and Policy Update: Randolph Cloud shared an update on what to expect with the legislative session, which will convene on April 21.

He discussed the mechanisms by which the state can operate without a budget. He shared the outcome of the March primary against Senate President Pro Tem Phil Berger, who will remain in power until January, however the election of a new Senate leader will be an issue to watch this year.

He discussed Medicaid Rebase.

He shared that there may be a constitutional amendment on property taxes on the ballot later in the year.

He shared how legislative changes could affect board appointments and board composition, especially regarding occupational licensing reform.

Katie asked about legislative efforts to lower the legal alcohol limit on DUI's and efforts to ban social media for young people.

Legal Update: Catherine reported that the JLPAOC meets on Monday and they will be considering a bill that will regulate how a board regulates unlicensed practice. She reported that many boards will be required to adopt rules to establish policy. It would also establish the grounds for how Boards can handle disagreements over scope.

She spoke about the Periodic Rules Review process, and that the Board will need to consider rule classification at the next Board meeting.

Carrie will be presenting Board orientation for new Board members at a future meeting.

Carrie reported that she was working on a draft for policy and procedures. And the committee would be meeting soon (Committee is Katie and Kathy) to approve the draft.

Unfinished Business: Lauren reported that there are agencies that are participating in the Criteria C programs that are not SUD specific, yet CCS's are signing off on this work.

Katie supported this oversight and noted that she brought up a similar concern about agency forms that need to be submitted. Kendra asked what responsibility the CCS has to make these determinations about the qualification of the hours.

Kathy asked if a committee could develop a guidance document. It was agreed this was a concern primarily for the Criteria C programs, and that Standards Committee could address it.

Lauren called attention up the committee structure for the 2026 – 2027 year.

Discussion followed and new chairs were named by Kathy as chair:

Standards Chair: Lauren Quick

QA Chair: Katie Salmons

Ethics Chair: Virginia Johnson

Kendra motioned to ratify these appointments. Anita seconded the motion, and the new chairs were ratified.

New Business: Katie asked Barden to add the new section related to LearningBuilder regarding current job as part of the upcoming update.

Katie asked the Board to consider including more information about how complaints are handled when the request for response is sent to respondents. She shared an example of what the Social Work Certification and Licensure Board sends out. Barden said he can implement a similar version.

Adjourn: Anita motioned to adjourn and the meeting ended without objection.

NCASPPB Standards Committee Quarterly Report
April 2026

Submission Date: 4/7/26

Members: Lauren, Katie, Barden, and Donna

1. General Updates
 - a. The Governor's Institute had their annual Criteria C meeting; Donna provided an outline of the administrative process for Criteria C schools
2. Exam
 - a. Per IC&RC has announced that the updated Advanced Alcohol and Drug Counselor (AADC) exam will be administered starting March 16, 2026
 - i. News release: <https://icaada.org/wp-content/uploads/2026/02/Updated-AADC-Exam-Website-Listing-2-10-26.pdf>
3. Newsletter
 - a. Donna sent out Newsletter in February
 - i. Received positive feedback and questions
 - b. Donna sent out a Criteria A Applicant Guide
 - i. Received positive feedback and questions
4. Criteria C Schools
 - a. Renewals
 - i. UNC-P: Submitted renewal paperwork; Committee reviewed, provided feedback and approved
 - ii. ECU SW: Submitted renewal paperwork; Committee reviewed, provided feedback and approved
 - iii. ECU CMHC: Meet with Standards Committee related to questions about renewal process
 - b. New Applications
 - i. Elon CMHC: Submitted new application; Provided feedback, waiting response
 - c. Upcoming Renewal Due Dates
 - i. App State MFT Renewals Due: 8/15/2026
 - ii. App State CMHC Renewal Due: 9/15/2026
 - iii. ECU CMHC Renewal Due: 11/15/2026
 - iv. UNC Charlotte CMHC Renewal Due: 12/15/2026
5. Committee Action Items
 - a. Deemed Status
 - i. Standards Committee would like to explore reassessing and possibly removing application
 - ii. Standards Committee would like the Board to consider hosting conference

NCASPPB Ethics Committee Quarterly Report
April 2026

Cases resolved via Consent Order since January 16, 2026:

- EC-826-24, reopened, resolved via CO.
- EC-898-25
- EC-907-25
- EC-908-25
- EC-912-25
- EC-914-26

Cases resolved via Letter of Caution:

- EC-896-25
- EC-905-25
- EC-906-25
- EC-911-25

Cases dismissed:

- EC-910-25
- EC-917-26
- EC-921-26

Other:

- EC-803-23, reopened, pending assessment.
- EC-813-24, reopened, resolved via CEU.
- EC-849-24, appeal deadline passed, closed.
- EC-893-25, settlement pending.
- EC-899-25, nonresponsive.
- EC-904-25, Consent Order for continuance, April 2026 hearing case.
- EC-909-25, pursuing injunction.
- EC-915-26, settlement pending.

New matters since January 16, 2026:

- EC-916-26 through EC-929-26.

NCASPPB Quality Assurance Committee Quarterly Report
April 2026

QA movement since the last NCASPPB meeting on January 16, 2026:

- QA-203-25 – January 2026 QA review. Denial.
- QA-209-25 – February 2026 QA review. Denial.
- QA-208-25 – March 2026 QA review. Approval.
- QA-211-26 – March 2026 QA review. Denial.
- QA-216-26 – March 2026 QA review. Denial.
- QA-217-26 – HGKG denial.

- QA-221-26 – Scheduled for April 2026 QA review.
- QA-222-26 – Scheduled for April 2026 QA review.
- QA-224-26 – Scheduled for April 2026 QA review.

- # of SBI reports received since January 16, 2026: 350 (approximation)

- # of SBI reports with criminal records received since January 16, 2026: 144
 - # Approved without full referral to QA (staff approvals): 120
 - # Approved without full referral to QA (staff denials): 12

- Pending for follow-up (applicants still missing requirements): 10